

How does sad feel?



Some other words for feeling sad

miserable
unhappy
disappointed
lonely
upset
hurt
low

You might have some
or all of these:



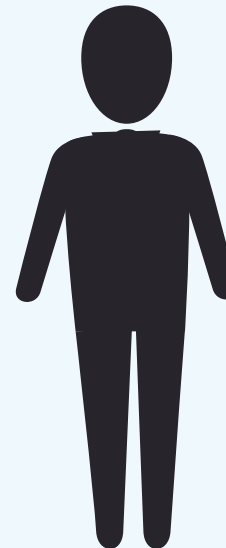
Frowning, mouth turned down



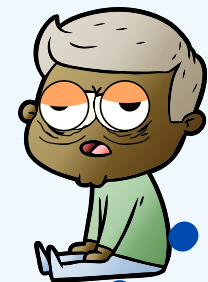
Tears in your eyes,
crying



Eyes looking down a lot



Feeling tired, low on energy



MENTALLY
★ WELL
SCHOOLS

